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| **Breakfast** | |
| **global (special)** | **breakfast potato** |   | onion, salt, pepper |
|  | **veggie scramble** |   | broccoli, mushroom, onion, spinach, tomato |
|  | **scrambled eggs** | |
|  | **bacon** |
|  | **breakfast vegetarian patty** | |
|  | **brown rice** | |
|  | **chickpeas stir fry** |   **Special Instructions:** , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **tofu scramble** |   **Special Instructions:** olive oil, salt, pepper |
|  | **sautéed spinach & marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **Soup (special)** | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **Lunch** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **cheese burger** | |
|  | **impossible burger** | |
|  | **fries** | |
| **herbivore (special)** | **power bowl** | |
|  | **saffron infused quinoa** | |
|  | **roasted crimini mushrooms** |   | thyme, cumin, coriander, sesame seed, sumac, salt, chili flakes |
|  | **caramelized leak & tuscan-style kale** |   | olive oil, salt, sugar |
|  | **Saffron tahini coconut sauce** |  | tahini paste, water, lemon juice, garlic, za'atar spice, cayenne, salt, pepper |
|  | **roasted heirloom cherry tomatoes** |   | olive oil, salt, pepper, red wine vinegar, basil, garlic |
| **global (special)** | **kung pao chicken** |    | chicken, pepper medley, onion, fresh garlic, fresh ginger, soy sauce, brown sugar, rice vinegar, corn starch, JF Organic Farms |
|  | **fried rice** |   | rice, soy sauce, garlic, sesame oil, green onion, carrot, celery, peas |
|  | **vegetable stir fry** |   | pepper medley, mushrooms, broccoli, green beans, soy sauce, onion, garlic, |
|  | **kung pao fried tofu** |   | pepper medley, onion, garlic, ginger, soy sauce, brown sugar, ketchup, rice vinegar, |
|  | **spring rolls** | |
| **oasis (special)** | **allergy free blackened chicken** |    | JF Organic Farms Kenter Canyon Farms |
|  | **chickpea stew** |   | onion, celery, carrot, tomato , salt, pepper |
|  | **brown rice** | |
|  | **roasted green beans** |   | olive oil, salt, pepper, garlic |
|  | **roasted brussels sprouts with onion** |   | olive oil, salt, pepper, onion |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **slice smoked ham** | |
|  | **sliced turkey breast** |
|  | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
| **ovens (special)** | **pepperoni pizza** |  | fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **Margherita pizza** |    | fresh hand-tossed dough, house-made tomato sauce, tomatoes, fresh organic basil, Hollandia Dairy fresh mozzarella |
|  | **spicy hawaiian pizza** |  | fresh pizza dough, pizza sauce, mozzarella cheese, canadian bacon, pineapple , jalapeños Kenter Canyon Farms |
| **Soup (special)** | **chicken vegetable soup** |    | carrot, celery, onion, garlic, corn, tomato, cabbage, potato |
|  | **hearty vegetable soup** |    | onion, canola oil, garlic , celery, tomato , zucchini , corn, potato, carrot, fresh herbs |
| **Dinner** | |
| **Grill (special)** | **street taco bar** | |
|  | **grilled chicken** | |
|  | **carne asada** | |
|  | **pork carnitas** | |
|  | **corn tortillas** | |
|  | **sour cream** | |
|  | **queso fresco** | |
| **herbivore (special)** | **taco bar sides** | |
|  | **pinto beans** | |
|  | **spanish rice** | |
|  | **chips & salsa** | |
|  | **guacamole** |   | onion, lemon juice, pepper, cilantro |
| **global (special)** | **pasta bar** |
|  | **grilled chicken breast** |   | olive oil, salt, pepper, rosemary, thyme |
|  | **steamed broccoli** |
|  | **roasted pepper medley** |   | olive oil, salt, pepper |
|  | **chicken alfredo** |   | heavy cream, basil, salt, pepper, cream cheese, parmesan cheese, garlic |
|  | **winter vegetable pasta marinara sauce** |   | tomato, garlic, onion, celery, carrot, basil, oregano, thyme, chili flakes, |
|  | **broccolini** | |
|  | **parmesan cheese** | |
|  | **dinner rolls** |  | contan egg! |
| **oasis (special)** | **lentil stew** |   | onion, garlic, tomato, spinach |
|  | **roasted butternut squash** |   | olive oil, salt, pepper, agave |
|  | **roasted peas & carrot** |   | olive oil, salt, pepper, agave, rosemary |
|  | **oven roasted pork loin mushroom gravy** |   | rosemary, garlic, thyme, salt, pepper, oat milk, corn starch, mushrooms |
|  | **roasted red potato** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **pepperoni pizza** |  | fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **Margherita pizza** |    | fresh hand-tossed dough, house-made tomato sauce, tomatoes, fresh organic basil, Hollandia Dairy fresh mozzarella |
|  | **spicy hawaiian pizza** |  | fresh pizza dough, pizza sauce, mozzarella cheese, canadian bacon, pineapple , jalapeños Kenter Canyon Farms |
| **Soup (special)** | **chicken vegetable soup** |    | carrot, celery, onion, garlic, corn, tomato, cabbage, potato |
|  | **hearty vegetable soup** |    | onion, canola oil, garlic , celery, tomato , zucchini , corn, potato, carrot, fresh herbs |

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| **Breakfast** | |
| **global (special)** | **scrambled eggs** | |
|  | **marinated cherry tomatoes** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
|  | **breakfast potato** | |
|  | **breakfast vegetarian patty** | |
|  | **pork link** | |
|  | **sticky rice** | |
|  | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **cannellini beans** | |
|  | **turmeric vegetarian bulgur wheat** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **Lunch** | |
| **Grill (special)** | **fries** | |
|  | **substitute lettuce wrap for any burger or sandwich** |
|  | **cheese burger** | |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
| **herbivore (special)** | **smokey cauliflower chimichurri bowl** | |
|  | **quinoa** |   | onion, salt, pepper |
|  | **roasted chickpeas** |   | onion, salt, garlic, smoked paprika |
|  | **roasted cauliflower** | smoked paprika, olive oil, salt, pepper |
|  | **cucumber slaw** |   | red cabbage, pickled onion, radish, cilantro, rice vinegar, sugar lemon juice |
|  | **roasted pepper aioli** |   | contains soy ! |
| **global (special)** | **burrito bar** | |
|  | **spanish rice** |   **Special Instructions:** vegan butter, onion, chayote, carrot |
|  | **black beans** |   **Special Instructions:** onion, salt, pepper |
|  | **carne asada** |  | marinated beef, salt & lemon |
|  | **adobo baked tofu** |   **Special Instructions:** achiote, orange juice, salt, pepper, agave, canola oil, garlic |
|  | **chicken tinga** |   | chicken, onion, garlic, chipotle pepper, tomato, salt, pepper |
|  | **shredded lettuce** | |
|  | **black beans** | |
|  | **pico de Gallo** | |
|  | **queso fresco** | |
|  | **sour cream** | |
|  | **green & red salsa** | |
| **oasis (special)** | **blacked red potatoes** |   **Special Instructions:** onion, carrot, garlic, celery, peas |
|  | **black lentil leek stew** |   | corn, onion, tomato, celery, carrot |
|  | **roasted zucchini** |   | olive oil, salt , pepper |
|  | **roasted butternut squash with kale** |   | olive oil, salt, pepper |
|  | **Peruvian chicken** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **deli bar** |  | Bread Los Angeles |
|  | **sliced turkey breast** |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
|  | **sliced salami** | |
|  | **roasted vegetables** |   | zucchini , yellow squash, red onion, sliced mushrooms, salt, pepper, olive oil |
|  | **organic arugula** |     | JF Organic Farms |
| **ovens (special)** | **pepperoni pizza** |  | fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **margherita pizza** |    | fresh hand-tossed dough, house-made tomato sauce, cherry tomatoes, fresh organic basil, Hollandia Dairy fresh mozzarella |
|  | **bbq chicken pizza** |  | house made dough, bbq sauce, mozzarella cheese, chicken |
| **Soup (special)** | **steak chili** |  | beef , chili powder, onion, tomato paste, tomato dice, fresh oregano, salt , pepper,  **SIDES:** dice white onion | cheddar cheese |
|  | **vegan tomato bisque** |   | onion, garlic, celery, carrot, fresh herbs, roasted tomatoes, tomato paste |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |  | shredded iceberg lettuce, sliced tomatoes, red onions, and yogurt mint dressing on a sesame bun |
| **herbivore (special)** | **mediterranean power bowl** | |
|  | **roasted tofu** |   | olive oil, salt, pepper, sumac, paprika |
|  | **saffron infused cous cous** |  | olive oil, salt, pepper, saffron, mint, parsley, lemon juice Contains gluten |
|  | **roasted vegetable medley** |   | zucchini , yellow squash, cherry heirloom tomatoes, salt, pepper, garlic, paprika |
|  | **roasted sweet potato** |   | olive oil, salt, pepper |
| **global (special)** | **beijing inspired chicken** |  **Special Instructions:** beef, baking soda, white pepper, soy sauce, cornstarch, egg white sauce -chicken broth, soy sauce, hoisin sauce, oyster sauce, sugar, sriracha, ketchup | chicken, pepper medley, garlic, soy sauce, egg whites, hoisin , oyster sauce |
|  | **sticky rice** | |
|  | **vegetable stir fry** | |
|  | **beijing inspired fried tofu** |   | pepper medley, tofu, onion, garlic, ginger, soy sauce, corn starch, brown sugar, vinegar |
| **oasis (special)** | **hominy stew** |   | tomatillo salsa, cilantro, onion, hominy |
|  | **roasted potatoes** |    | olive oil, salt, pepper, parsley Kenter Canyon Farms |
|  | **roasted chayote & carrots** | |
|  | **allergy free chicken** |   | olive oil, salt, pepper, fresh herbs |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **pepperoni pizza** |  | fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **margherita pizza** |    | fresh hand-tossed dough, house-made tomato sauce, cherry tomatoes, fresh organic basil, Hollandia Dairy fresh mozzarella |
|  | **bbq chicken pizza** |  | house made dough, bbq sauce, mozzarella cheese, chicken |
| **Soup (special)** | **steak chili** |  | beef , chili powder, onion, tomato paste, tomato dice, fresh oregano, salt , pepper,  **SIDES:** dice white onion | cheddar cheese |
|  | **vegan tomato bisque** |   | onion, garlic, celery, carrot, fresh herbs, roasted tomatoes, tomato paste |

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| **Breakfast** | |
| **global (special)** | **scrambled tofu** |   **Special Instructions:** scrambled tofu , onion, tomato, mixed sweet peppers, turmeric, salt & pepper |
|  | **bacon scramble** | |
|  | **scrambled eggs** | |
|  | **breakfast potato** |   **Special Instructions:** potato, olive oil, salt, pepper |
|  | **turkey bacon** |
|  | **breakfast vegetarian patty** | |
|  | **sticky rice** | |
|  | **black beans** | |
|  | **marinated cherry tomatoes & broccoli** |   **Special Instructions:** heirloom tomatoes, garlic, basil, parsley olive oil, salt, pepper |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **Soup (special)** | **steel cut oat meal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **Lunch** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** | |
|  | **quesadilla bar** |
|  | **cheese quesadilla** | |
|  | **chicken quesadilla** |  | contains soy! |
| **herbivore (special)** | **Caribbean inspired bowl** | |
|  | **impossible chicken** | |
|  | **roasted butternut squash** |   | olive oil, salt, pepper, paprika |
|  | **arroz con habichuelas** |   | rice & beans, salt, pepper, onion, garlic |
|  | **avocado aioli** |   | serrano pepper, garlic, cilantro, avocado , lemon juice, vegan mayo Contains Soy! |
|  | **plantains** |  | contains soy! |
| **global (special)** | **beef saltado** | onion, pepper medley, tomato, garlic, salt, pepper, soy sauce, potato |
|  | **plant base lomo saltado** |
|  | **aji amarillo** |   | lemon juice, aji, cilantro, mayonnaise, salt, pepper |
|  | **sticky rice** |   **Special Instructions:** onion sliced, green peas, basmati rice , cumin seed, cardamom seed, bay leaf, cinnamon stick |
|  | **broccoli** | |
| **oasis (special)** | **brown rice** | |
|  | **three bean stew** | |
|  | **sautéed green beans** | |
|  | **roasted asparagus** | |
|  | **lemon pepper chicken** |   | olive oil, salt, pepper, lemon |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **deli (special)** | **roasted marinated portobello mushroom** |   **Special Instructions:** mix all ingredients in a bowl and marinate mushrooms for 6 hours roast 350 f for 10 minutes, slice on angle 2 inch by 3.5 | balsamic vinegar, olive oil, salt, pepper, fresh herbs |
|  | **shredded ice berg lettuce** | |
|  | **fresh sliced tomato** | |
|  | **sliced sweet red onion** | |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **roasted garlic aioli** |   | egg, canola oil, lime juice, paprika, mustard, white, vinegar, roasted garlic, paprika |
|  | **pepita pesto** |   | basil, parsley, salt, pepper, lemon juice, canola oil, nutritional yeast, pepita |
|  | **mayonnaise** |  | contains soy bean oil |
|  | **roasted piquillo peppers** | |
|  | **avocado spread** |   | lime juice, salt, pepper, avocado |
| **Soup (special)** | **chicken noodle** | |
|  | **tomato bisque** | |
| **Dinner** | |
| **Grill (special)** | **substitute lettuce wrap for any burger or sandwich** |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |

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| **Brunch** | |
| **salad (special)** | **yogurt parfait bar** |  **SIDES:** plain greek yogurt | strawberry yogurt parfait | peach yogurt parfait | house made granola | seasonal fruit |
| **ovens (special)** | **breakfast pastry bar** |  | Danish, croissant, |
| **Soup (special)** | **steel cut oatmeal** |  | daily made oatmeal served with brown sugar, raisins & butter |
| **Dinner** | |
| **Grill (special)** | **patty melt** |  | grilled onions, cheese, beef patty |
|  | **substitute lettuce wrap for any burger or sandwich** |
|  | **impossible burger** |   | gluten free bread, impossible patty, vegan cheese |
|  | **fries** | |
| **herbivore (special)** | **korean-inspired baked tofu** |  | gochujang, agave, sesame oil, ketchup, soy sauce, ginger, garlic  **SIDE:** contains gluten |
|  | **sticky rice** | |
|  | **roasted zucchini & yellow squash** |   | olive oil, korean chili, salt, pepper |
|  | **green onions** | |
| **global (special)** | **cajun chicken penne pasta** |  **Special Instructions:** sun-dried tomato, garlic, rosemary, white wine, caramelized onion, parsley | blackened chicken, pepper medley, roasted red onion, mushrooms, spinach, creamy arrabbiata sauce. |
|  | **broccoli** |   **Special Instructions:** olive oil, salt, pepper |
|  | **bolognese penne pasta** |   **Special Instructions:** vegan cheese, bolognese sauce, gf penne pasta, basil garnish in 200 pan lay out pasta with sauce cover with vegan cheese and bake until cheese melts, add basil garnish |
|  | **parmesan cheese** | |
| **oasis (special)** | **quinoa primavera** |   | onion, carrots, celery, peas, carrots |
|  | **hearty vegetable chickpea stew** |   | olive oil, onion, celery, carrot, saffron, garlic, spinach , tomato |
|  | **roasted summer squash** |   | agave, salt, pepper, grape seed oil |
|  | **roasted brussels sprouts** |   | olive oil, salt, pepper |
|  | **balsamic sirloin steak** | |
|  | **allergy free chicken** | |
| **salad (special)** | **self serve salad bar**  **SIDES:** artisan, mix greens salad, romaine lettuce, quinoa | tomatoes, sweet red onion, julienne carrots, cucumber, olives, roasted red beets, Pepper medley | baked tofu, grilled chicken, boiled eggs, kidney beans , chickpeas, cheese | dry cranberries, croutons , pumpkin seed , sunflower seed |
|  | **fresh fruit salad bar** |  **SIDE:** watermelon wedges |
| **ovens (special)** | **pepperoni pizza** |  | fresh hand tossed dough, house made tomato sauce, pepperoni, Hollandia Dairy mozzarella cheese |
|  | **margherita pizza** |    | fresh hand-tossed dough, house-made tomato sauce, cherry tomatoes, fresh organic basil, Hollandia Dairy fresh mozzarella |
|  | **vegetarian cauliflower dough pizza** | contains Dairy! |
| **Soup (special)** | **butternut squash bisque** |    | onion, garlic, salt, pepper, coconut milk |